

MIHA

Malaysian Industrial Hygiene Association

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MIHA Committee

- *President*
Zainal Mubarak Zainuddin
- *Vice President*
Fadzil bin Hj Osman
- *Hon. Secretary*
Wan Sabrina Wan Mohamad
- *Hon. Treasurer*
Lim Geok Tian
- *Work Committee*
Dr. Jalaluddin Dahalan
Keng Cheng Liew
Nik Uzaini Nik Hussain
Marina Zainal Farid
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Shamini C. Samuel

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President's Message

Dear Colleagues,

It is my pleasure to welcome you all via this quarterly e-newsletter in my capacity as the newly elected President of MIHA. Firstly, again I would like to reiterate my appreciation of your support and trust for electing me into this year's committee. It will be a great challenge to the new committee since we were just born. We have to learn to crawl, walk and then run. And at the same time we still need to serve the needs of the members the best we can. As a start, let me update you on few activities that we plan to have in 2004, firstly we will continue to publish this e-letter and I would encourage contribution from the members to make use of it for sharing, learning and networking. MIHA will be conducting a quarterly IH Forum for safety and health practitioners to share their IH experiences and issues in their respective work places. For those interested in upgrading their IH competency and professionalism, MIHA plans to hold the Certified Industrial Hygienist (CIH) certification examination by the American Board of Industrial Hygiene (ABIH) in Malaysia. And to help the candidates, we also plan to have a week CIH preparatory course by an expert prior to the examination. Our main event would be a one-day National IH Seminar together with the official launching of our association. These are some of the snapshots of our main activities for next year. We will keep you updated as and when the plans are finalized.

In the meantime, please enjoy the newsletter. I would like to wish all Muslim members SELAMAT HARI RAYA AIDILFITRI, Maaf Zahir dan Bathin
Regards,
Zainal, AP-M&OH Shared Service Center, Kuala Lumpur
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Something interesting from your facility that you would like to share with us? We welcome articles from one and all with the aim of sharing knowledge among fellow industrial hygienists.

Send your articles to us at mihacommittee@yahoogroups.com or leave your comments at our MIHA website at url:www.geocities.com/msiaha. We look forward to hearing from you.

SPEAK OUT

President: Zainal Mubarik Zainuddin
Vice President: Fadzil Osman
Honorary Secretary: Wan Sabrina Wan Mohamad
Honorary Treasurer: Lim Geok Tian
Membership & Promotion Committee: Marina Zainal Farid
Publication Committee: Shamini Samuel
Information Technology Committee: Keng Cheng Liew
Training & Education Committee: Nik Uzaini
Technical & Projects Committee: Dr. Jalaluddin Dahalan

HIGHLIGHTS OF THE MINUTES OF MIHA COMMITTEE MEMBERS MEETING

1. Courtesy visit to DOSH, NIOSH and SOCSO.
2. Discussion on MIHA 2004 Programme
 - a) **SOCSO Project** (Headed by Dr. Jalal)

An Ergonomics Program with the following objectives:

 - To reduce compensation claims due to poor ergonomics practices in industry
 - To develop guidelines for prevention of back and Musculoskeletal Disorder injuries
 - To develop a proactive ergonomics program in order to address the root cause of current ergonomic issues

This ergonomics program will span over 5 years and will serve as SOCSO's tool to assist its member companies.
Dr. Jalal and MIHA members will be meeting with Dr. Azman of SOCSO to discuss MIHA's proposal on November 5th, 2003.
 - b) **Industrial Hygiene Forum**

The first topic to be discussed will be Chemical Health Risk Assessment. It is anticipated that the forum will be held in April 2004.
 - c) **First National IH Seminar & Launch of MIHA**

Launching of MIHA will be honored by the Deputy Human Resources Minister. It is likely that the seminar will be held in either in the 2nd or 3rd quarter of 2004.

*MIHA COMMITTEE MET WITH
SOCSO ON
NOVEMBER 5TH,
AND WITH
DOSH AND NIOSH
ON
NOVEMBER 7TH*

ANNOUNCEMENT

MIHA'S FIRST PROGRAM FOR 2004

INDUSTRIAL HYGIENE FORUM

TOPIC: Chemical Health Risk Assessment

- Learn more about IH problem solving techniques, how to assess risk accurately and other technical issues faced by the CHRA Assessors at this forum.
- This forum serves as a platform for assessors to share lessons learnt when conducting assessments
- MIHA would like to **CALL FOR CASE PRESENTERS**
- For more information, send email to: MIHACommittee@yahoo.com
- Fees for non-MIHA members RM150, for MIHA members RM100

Certified Industrial Hygienist (CIH) Examination

MIHA is trying to promote the Certified Industrial Hygienist (CIH) Examination and would like to encourage its members to sit this examination. We anticipate that the exam will be held in September.

Our Secretary, Wan Sabrina is also actively trying to arrange for a 5 day CIH preparation course, to be held sometime in August.

All those interested, kindly make your applications by June 2004 to the American Board of Industrial Hygiene (ABIH@org.com).

SECOND NATIONAL OCCUPATIONAL HEALTH SEMINAR (14-15th February, 2004) Renaissance Hotel, Melaka

SOEM, Malaysian Medical Association and Melaka-Manipal Medical College will be organising the above seminar in collaboration with SOCSO, DOSH, NIOSH, MIHA, Ministry of Health and Malaysian Medical Association Melaka.

MIHA representatives will be presenting two papers at the seminar.

Conference fee is RM 250
For MIHA members the fee is RM 200

Look forward to seeing you there!

NIOSH-JICA SEMINARS

NIOSH AND JICA will be organising two seminars next year. The seminars will be held in Shah Alam and Kota Kinabalu.

Shah Alam on January 13th
Kota Kinabalu on January 15th

- Topics for both sessions include the following:
- Occupational Health and Safety management System
- Indoor Environment Quality
- Occupational Vibration
- Occupational Mental Stress

Benefits of MIHA Membership

Following is MIHA's aspirations of long-term benefits to its members. Your support and joining MIHA will inspire us towards achieving MIHA's aspiration and visions. It is a partnership that supports the theme 'You support MIHA and MIHA supports You'.

In this issue, we would like to share 5 out of the 16 possible benefits for joining MIHA:

1. Professional Advancement

Professional advancement and credibility could be good enough reasons for joining the association. Members are offered a multitude of informational and educational opportunities to keep them at the cutting edge of the profession. Industrial Hygiene is a changing profession in a changing world and MIHA programs are designed to give members the tools they need to achieve continued success.

2. Malaysian Certified Industrial Hygienist (MCIH)

In the future, MIHA hopes to work with NIOSH, DOSH and relevant authorities & organization towards establishing itself as a certifying body for Malaysian Certified Industrial Hygienist (MCIH).

- MIHA intends to offer the paper qualification, MCIH especially for personnel who have experience but lack the paper qualifications. MIHA hopes to conduct certification examination (MCIH) and provide associated training modules for those interested in taking the examinations.
- For now, MIHA could offer to coordinate external certification such as CIH's examination in Malaysia on behalf of American Board of Industrial Hygiene.
- MIHA will also look into possible collaboration with IH counterparts in other countries such as IOHA, AIHA, ACGIH, etc

3. MIHA Website

MIHA maintains its website so as all its members across Malaysia can access information and contact with other IH professionals. IH-related information is at easy reach, just visit MIHA's web-site at <http://www.geocities.com/msiaiha>. By joining MIHA, your generous contribution can help MIHA to sustain the free-IH related information available on its website.

- Note: MIHA is a non-profit organization that aims at being environmental-friendly, efficient, fast, cost-effective in conducting its business so as to maintain low membership fees as long as possible. Therefore, MIHA endeavors to minimize the use of printed matters and heavily rely on efficient IT tools such as internet, emails and CDs as a means of communication with its members.

4. MIHA E-Newsletter

MIHA plans to publish its quarterly E-Newsletter and MIHA hopes that it will be an important resource for industrial hygiene professionals to keep up with the latest developments on issues that concern them the most. It hopes to address Malaysian IH-related issues such as chemical health risk assessments, CSDS, etc.

5. MIHA E-Journal

MIHA intends to collaborate with industries, local universities, NGOs to conduct practical IH-related studies e.g. ergonomics, generic health risk assessments, exposure monitoring for specific industries, that address current health and safety issues at workplace. Such studies could be used to address national IH-related issues. These studies and including other papers presented at MIHA IH conferences and seminars will be included in MIHA E-Journal.

In time to come, MIHA's e-Journal could become a primary source of information for professionals working in the occupational and environmental health field. As the Malaysian authority for industrial hygienists and allied professionals, the MIHA E-Journal could become the leader in presenting the latest scientific research concerning hazards in the modern workplace.

.....**MORE REASONS TO JOIN MIHA IN OUR NEXT ISSUE!!**